

Are you a licensed clinical health provider or a community leader? Are you interested in building local community post-disaster mental health capacity?

“ADAPTATION OF POST-DISASTER MENTAL HEALTH TRAINING FOR BLACK COMMUNITIES”

National Institute of Mental Health Phase II SBIR Study

To address mental health needs in the immediate aftermath of natural disasters, HERMES, LLC, a small woman-owned research services company is field-testing an evidence-based post-disaster mental health training project tailored to the cultural context of black communities in eastern North and South Carolina.

Participants will receive \$100 for completion and evaluation of the 1-day workshop. CEU's from the University of North Carolina will also be available.

Training topics include:

- Disaster-related stress
- Responses to trauma
- Stress and coping skills
- Loss and grief
- Cultural sensitivity
- Psychological First Aid
- Self-care
- Planning
- Screening and treatment
- Cultural tailoring & facilitation

Now recruiting for Clinical Health Professionals in Brunswick County.

Clinical Health Professionals:

Eligible participants must be a licensed clinical provider (licensed physicians, counselors, nurses, nurse practitioners). In addition, they:

- Have tailored their services to the diversity of the local black community and be proficient in the addressing the needs of their clients
- Agree to participate training group discussions and complete pre-post tests and evaluation forms
- Live in the community and not planning to relocate in the next 2 years.



- ✓ 1-day training
- ✓ Contribute to evaluation

Training participants who continue to the next phase of strategic planning in their local communities will need to do the following:

- Attend the strategic planning retreat
- Become comfortable with the training content and skills
- Have a commitment to work on local planning
- Adhere to HERMES confidentiality policy and human subjects research training guidelines
- Provide feedback and complete training post-test/evaluations

HERMES, LLC
331 Cape Fear Blvd
Wilmington, NC 28401
(910)-772-6379

**Dates: Aug 6 & 7
6:00 - 9:00 pm
Navassa - Leland Area**