

ADAPTATION OF POST-DISASTER MENTAL HEALTH TRAINING FOR BLACK COMMUNITIES

Training of Trainers

Are you a licensed mental health provider?

Are you interested in building local community post-disaster mental health capacity?

To address mental health needs in the immediate aftermath of natural disasters, HERMES LLC, a small woman-owned research services company is field-testing an evidence-based post-disaster mental health curriculum tailored to the cultural context of black communities in eastern North and South Carolina.

The project will train a cadre of “trainers” who in turn train local clinical providers and community leaders to prepare for the mental service needs in the immediate aftermath of natural disasters. Training topics include:

- Disaster Related Stress
- Responses to Trauma
- Stress & Coping
- Loss & Grief
- Cultural Considerations
- Psychological First Aid
- Asset-based Community Planning for Disaster Mental Health
- Pharmacological interventions

For information , please call (919) 484-4191 or email (traininginfo@hermesllc.com)



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What is the Training of Trainers Model?

- HERMES has adapted an evidence-based disaster mental health training model to build local capacity and readiness to respond to disaster-related mental health consequences of natural disasters in black communities¹. Dr. Stan Kutcher developed this lateral, service delivery approach for World Health Organization application in resource strained settings². The Training of Trainers involves building the competencies of a core group of learners (mental health service providers) who can in turn facilitate the training of others (clinical providers and community leaders).

What is included in the Training Materials?

Training materials and resources have been developed with funding from the National Institute of Mental Health based on literature review of best practice, needs assessment, and pilot testing in Lenoir County, NC³.

The training package consists of:

1. A core knowledge/care competencies manual
2. Separate provider and community leader training toolkits
3. A trainer's facilitation manual

Who is eligible to attend the training of trainers workshop?

- Mental Health Professionals : must have a knowledge base in mental health (e.g. psychiatrists, psychologists, community-based nurses, counselors, social workers)
- Have tailored their services to the diversity of the local black community and are proficient in the addressing the needs of their clients
- Agree to participate in training group discussions and complete pre-post tests and evaluation forms
- Not planning to relocate in the next 2 years



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What does training involve?

Core Trainer Team candidates must meet the following requirements:

- Complete the 6 hour on-line training on PFA that can be found at <http://learn.nctsn.org/course/category.php?id=11> (CME by Institute for Medical Quality and the California Medical Association's CME Accreditation Standards (IMQ/CMA))
- Attend the train-the-trainer 2-day core workshop
- Complete an on-line disaster mental health treatment module, if candidate is licensed to prescribe medications
- Core Trainers will prepare for local workshops by familiarizing themselves with the materials and Instructor Guide
- Satisfactorily present a portion of the workshop content during a follow on 1-day coaching session
- Must be willing to commit to be a part of the core training team that will conduct local site workshops (4 provider and 4 Community Leader workshops) in Eastern NC if eligible and available to continue.
- Adhere to HERMES confidentiality policy and human subjects research training guidelines
- Provide feedback and complete training post-test/evaluations

When and where is the training?

We anticipate the core training workshop will be held in Wilmington, NC in October or early November 2012. During recruitment, we are working to schedule the most convenient time for the majority of eligible and interested training participants and facilitators.

Are there any incentives?

In order to offset the expense of attending the training, participants will receive \$400 for completion and evaluation of the 2-day train-the-trainer core workshop. Eligible graduates who attend the follow-on facilitation session and help tailor and facilitate workshops for clinical providers and community leaders will receive \$200 for each session. Travel accommodations will be reimbursed at government GSA rates.



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References Cited:

- ¹ Laborde D, Magruder K, Caye J, Parrish T. Feasibility of disaster mental health preparedness training for black communities. June 29th, 2012 in Med Public Health Prep.
- ² Kutcher S, Chehil S, Cash C, Millar J. A competencies-based mental health training model for health professionals in low and middle income countries. World Psychiatry. 2005 Oct;4(3):177-80.
- ³ Laborde DJ, Brannock K, Parrish T: Assessment of training needs for disaster mental health preparedness in black communities. J Natl Med Assoc; 2011 Jul;103(7):624-34. PMID: 21999042

